

Programme

Trent Study Day: Physical health in secure mental health settings

Friday 24th November 2023

WiFi Login: Hilton Honors Code: **ftg2023**



9.00	Registration & refreshments
9.30	Welcome Dr Simon Gibbon , Consultant Forensic Psychiatrist, Arnold Lodge, Nottinghamshire Healthcare NHS Foundation Trust and Trent Study Day Organiser
9.35	Opening comments Paul Devlin , Chair, Nottinghamshire Healthcare NHS Foundation Trust
9.45	Extended ALACRITY mortality data: death from natural causes or suicide Dr Martin Clarke , Research Support and Training Manager, Nottinghamshire Healthcare NHS Foundation Trust
10.05	Increasing Physical Activity in a Medium Secure Service: (IMPACT) - Preliminary Results from the Phase 4 Feasibility Study, with a highlight into the Women's Services Professor Tammi Walker and Gloria Lui , Durham University
10.40	Questions and discussion
10:55	Refreshments and poster viewing
11:20	Death in custody – a coroner's perspective Ivan Cartwright , HM Area Coroner, Leicester City and South Leicestershire Coroners' Court
12.00	Delivering Physical Healthcare to the Secure Hospital Population – Barriers and Opportunities Rob Furby , Head of Service – Physical Healthcare, Nottinghamshire Healthcare NHS Foundation Trust
12.40	Questions and discussion
12.55	Lunch and poster viewing
14.00	Cardiovascular risk profiles and the uptake of the NHS Health Check Programme in male prisoners' Dr Chris Packham , Associate Medical Director, Nottinghamshire Healthcare NHS Foundation Trust
14.40	Latest advances in the use of clozapine Professor David Taylor , Director of Pharmacy and Pathology, South London and Maudsley NHS Foundation Trust
15.20	Questions and discussion
15.35	Poster prize announcement awarded by Dr Simon Gibbon
15.40	Closing comments Dr Sue Elcock , Executive Medical Director, Nottinghamshire Healthcare NHS Foundation Trust
15.45	Close

****Please ensure you vote for best poster **by the end of lunch break!******

Poster presentations

Poster Number	1
Presented by	Dipti Mistry, Health Psychologist (in training), Nottinghamshire Healthcare NHS Foundation Trust
Title of poster	"People might find it difficult because you don't even have to be a survivor of abuse to be worried about smears" - The experiences of cervical screening in people nursed in forensic mental health services.

Poster Number	2
Presented by	Jonathan Gaydon, Sports, Fitness & Wellbeing Co-Ordinator, Nottinghamshire Healthcare NHS Foundation Trust
Title of poster	Feasibility study to encourage 15 minutes of daily exercise for patients in a secure mental health setting



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Poster Number	3
Presented by	Christian P Sales, Research, Nottinghamshire Healthcare NHS Foundation Trust
Title of poster	A literature review of headbanging as self-harm in psychiatric inpatient settings

Poster Number	4
Presented by	Rebekah Carney, Research Fellow, Greater Manchester Mental Health NHS Foundation Trust
Title of poster	“Motiv8” a cluster-randomized feasibility trial of a weight management intervention for adults with severe mental illness in secure forensic services – methods and baseline characteristics

Poster Number	5
Presented by	Diana Buck, Practice Development Matron, Nottinghamshire Healthcare NHS Foundation Trust
Title of poster	Diabetes in prisons-what’s occurring?

Poster Number	6
Presented by	Rianne Parmar, CT3 Psychiatry Trainee, Wathwood Hospital, Nottinghamshire Healthcare NHS Foundation Trust
Title of poster	Medication required : P*RN – promoting healthy attitudes and improved access to pornography in Wathwood Hospital

Poster Number	7
Presented by	Dipti Mistry, Health Psychologist in Training, Nottinghamshire Healthcare NHS Foundation Trust
Title of poster	Promoting Trauma-Informed Women's Sexual and Reproductive Health in Women in Secure Setting.

Poster Number	8
Presented by	Toby Keel, Doctoral Researcher at Loughborough University
Title of poster	Physical activity interventions for inpatients in secure mental health settings: what works, for whom, in what circumstances and why? A realist synthesis



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